

# Blue Heron

RESTAURANT



**Café Hours - 8:00am to 11:00am**

## BREAKFAST

### Early Birdie Classics

**Hole in One** - One egg any style, with bacon, one slice of toast, and hashbrowns **8.99**

**The Birdie** - Two eggs any style, with meat, two slices of toast, and hashbrowns **12.99**

**The Sand Trap** - Biscuits smothered in sausage gravy, with one egg any style **Half - 6.99 Full - 12.99**

**The Caddy Stack** - A stack of one, two, or three homemade pancakes or french toast **1 - 3.99, 2 - 6.99, 3 - 9.99**  
Add blueberries or strawberries **1.99**

**Blue Heron Nest** - Two poached eggs nested in Canadian bacon on top of hashbrowns, smothered in hollandaise sauce **14.99**

### Build Your Own

**The 9-Iron (Sandwich or Wrap)** **12.99**

**Bread:** White, wheat, rye, English muffin, croissant, tortilla

**Meat:** Bacon, Canadian bacon, ham, or sausage

**Cheese:** American, Swiss, jack-cheddar, or provolone

**Veggie:** Tomatoes, onion, or green pepper

Wrapped around 2 eggs any style

**McDuffer's Cheese Omelette** - Egg omelet with jack-cheddar cheese, served with toast and hashbrowns  
**2 Eggs - 8.99, 3 Eggs - 10.99**

**Omelette Add Ons** - Green peppers, red onions, diced tomatoes, mushroom, spinach, black olives, cilantro, basil, Jalapenos  
**.99 each**

**Omelette Add Ons** - Ham, Canadian bacon, sausage, pepperoni, grilled chicken, fried chicken  
**1.99 each**

### Sides

**Fruit - ala carte** **4.99**

**Oatmeal - ala carte** **4.99**

**Hashbrowns/Home Fries - ala carte** **3.99** onions/peppers **1.00**

**Blue Heron Hours - 11:00am to 8:00pm**

### Ala Carte

**Side of toast - white, wheat, or rye** **2.99**

**English muffin, Croissant, or Biscuit** **2.99**

**Side of Bacon, Sausage, or Canadian bacon** **3.99**

**Corned beef hash** **6.99**

## APPETIZERS

**Basket of Fries - choice of two sauces** **4.99**

**Quesadilla - 12" flour tortilla filled with sautéed onions, peppers and shredded cheese** **10.99**

Add chicken - **3.00** Add shrimp - **4.00**

**Spicy Quesadilla - 12" flour tortilla filled with onions, peppers, jalapeños, tomatoes, and buffalo chicken** **13.99**

Substitute Fried Shrimp - **1.00**

**Pretzel - Served with nacho cheese dip** **9.99**

**Pierogi - Served with a choice of sauerkraut and horsey sauce or sautéed onions and sour cream** **9.99**

**Potato Skins - Loaded with shredded cheese and bacon, topped with green onions** **9.99**

**Fried Okra - Served with ranch** **8.99**

**Onion Rings - Beer battered, served with a choice of dipping sauces** **8.99**

**Fried Pickles - Served with Sriracha Ranch** **9.99**

**Potstickers - Pork potstickers, sweet Thai chili sauce** **10.99**

**Chicken Wings** **6 for 10.99 10 for 15.99**  
Sauce options: BBQ, mild/hot Buffalo, garlic Parmesan

**Popcorn Shrimp - tossed in Kaboom sauce** **10.99**

## SALAD & SOUP

Add Turkey or Ham - **2.00** Fried or Grilled Chicken - **3.00**

Fried Shrimp - **4.00** Salmon - **9.99**

**House Salad - Spring mix, cucumbers, diced tomatoes, sliced red onions, shredded cheese** **9.99**

**Mandarin Orange Salad - Spring mix, mandarin oranges, crushed almonds, chow mein noodles** **11.99**

**CONSUMER ADVISORY** - Consuming undercooked meat, poultry, eggs, or seafood may increase your risk of foodborne illness, especially if you have certain medical conditions. Please inform your server of any special dietary needs.

**Caesar Salad** - Romaine lettuce, Parmesan cheese, homemade croutons, side of Caesar dressing **9.99**

**Caprese Salad** - Spring mix, mozzarella, sliced tomatoes, sliced onions, capers, balsamic glaze **10.99**

**Gazpacho** - Chilled Spanish blended soup, served with croutons or crackers **8.99**

Ask your server about our Gazpacho special of the day!

## BURGERS & SANDWICHES

*Cheese options - American, Swiss, Provolone, Pepper Jack*

*Vegetarian Burger - 3.99      Gluten Free Bun Option - 2.99*

**Blue Heron Burger** - Angus beef with lettuce, tomato, onion, pickle, served with fries **12.99**      Add cheese **1.00**

**MOAB Burger** - Mother Of All Burgers. Angus beef with American cheese, onion rings, bacon and BBQ sauce, served with fries **15.99**

**Chicken Sandwich** - Grilled or fried chicken breast with lettuce and tomato, served with fries **12.99**

**Chicken Parm Sub** - Fried chicken, marinara and cheese, served with fries **Half 10.99      Full 14.99**

**Cheesesteak** - Steak or chicken, sautéed peppers, onions and mushrooms, topped with provolone cheese, served with fries **Half 10.99      Full 14.99**

**Heron Club** - Sliced turkey or ham, bacon, lettuce, tomato and mayo on your choice of bread, served with fries **14.99**

**On The Green Burger** - Angus beef with provolone cheese, spinach, avocado and house aioli, served with fries **15.99**

**J&B's Patty Melt** - Angus beef smothered with caramelized onions, on marbled rye bread with Swiss cheese, served with fries **13.99**

**Meatloaf Sandwich** - House meatloaf with gravy, lettuce and tomato, served with fries **Half 8.99      Full 13.99**

**Eggplant Parm Sub** - Fried eggplant, marinara and cheese, served with fries **Half 10.99      Full 15.99**

**Meatball Sub** - Meatballs, marinara, provolone cheese on a toasted sub, served with fries **Half 10.99      Full 14.99**

**The Reuben** - Thinly sliced corned beef, sauerkraut, Swiss cheese, Thousand Island dressing on marbled rye, served with fries **14.99**

## ENTREES & PASTA

*Potatoes and vegetable of the day are subject to change.*

*Ask your server what we have today.*

**Chicken Tenders** - Served with fries and choice of dipping sauce **11.99**

**Fish and Chips** - Beer battered white fish, served with fries and coleslaw **14.99**

**Spaghetti and Meatballs** - Meatballs over spaghetti with marinara sauce, garlic bread **Half 9.99      Full 14.99**

**Dinner Salmon** - Choice of grilled or baked, regular or blackened, salmon, served with vegetable of the day **21.99**

**Chicken Alfredo** - Grilled chicken over fettuccine alfredo, served with garlic bread **Half 10.99      Full 15.99**

**Albatross Pasta** - Creamy marinara, penne, basil, Parmesan, and garlic bread - chicken or meatballs **Half 10.99      Full 15.99**

## SIDES

Replacement options require an up charge.

Ask your server for more information.

French Fries	Sweet Potato Fries	Onion Rings
Side Salad	Side of Fruit	Coleslaw

## FLATBREADS

**Pepperoni** **13.99**      **Classico** **15.99**

**The Controversy** **15.99**      **Margherita** **15.99**

**Buffalo Chicken** **15.99**      **BBQ Chicken** **16.99**

**Veggie** **16.99**      **Chicken Alfredo** **16.99**

**The Garbage Pail** **18.99**

**Build Your Own** - starts at **12.99**, with marinara and cheese

**Cheese** - Pizza or cheddar-jack **Alfredo Sauce** **1.00**

**Toppings** **1.00** each

Jalapeno, green pepper, red onion, cilantro, basil, diced or sliced tomatoes, mushrooms, black olives, roasted garlic, pineapple

**Meats** **2.00** each

Pepperoni, sausage, bacon, meatballs, grilled or fried chicken, ham

## DESSERTS

**Three Layer Chocolate Cake** **10.99**

**Florida Orange Cake** **10.99**

**Key Lime Pie** **8.99**

*Ask your server about our Dessert of the day!*

**SUNDAY & MONDAY! - 99¢ CHICKEN WINGS!**

**THURSDAY - \$3.50 TACOS**

## Music at The Blue Heron

Friday February 6 Sammy

Friday February 13 Sammy

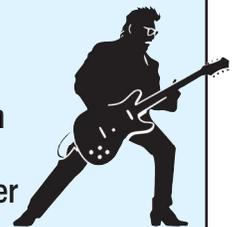
Friday February 20 Tiki Duo

Friday February 27 Mike Johnson

Friday March 6 Sammy

Wed. March 11 Johnny Danger

Friday March 20 Sammy



**Contact us for takeout and reservations... 321-385-9100**

137 Plantation Drive • Titusville, FL 32780

[www.blueheronrestaurant.org](http://www.blueheronrestaurant.org)