



**Café Hours - 8:00am to 11:00am**

## BREAKFAST

### Early Birdie Classics

**Hole in One** - One egg any style, with bacon, one slice of toast, and hashbrowns **8.99**

**The Birdie** - Two eggs any style, with meat, two slices of toast, and hashbrowns **12.99**

**The Sand Trap** - Biscuits smothered in sausage gravy, with one egg any style **Half - 6.99** **Full - 12.99**

**The Caddy Stack** - A stack of one, two, or three homemade pancakes or french toast **1 - 3.99, 2 - 6.99, 3 - 9.99**

Add blueberries or strawberries **1.99**

**Blue Heron Nest** - Two poached eggs nested in Canadian bacon on top of hashbrowns, smothered in hollandaise sauce **14.99**

### Build Your Own

**The 9-Iron (Sandwich or Wrap)** **12.99**

**Bread:** White, wheat, rye, English muffin, croissant, tortilla

**Meat:** Bacon, Canadian bacon, ham, or sausage

**Cheese:** American, Swiss, jack-cheddar, or provolone

**Veggie:** Tomatoes, onion, or green pepper

Wrapped around 2 eggs any style

**McDuffer's Cheese Omelette** - Egg omelet with jack-cheddar cheese, served with toast and hashbrowns

**2 Eggs - 8.99, 3 Eggs - 10.99**

**Omelette Add Ons** - Green peppers, red onions, diced tomatoes, mushroom, spinach, black olives, cilantro, basil, Jalapenos **.99 each**

**Omelette Add Ons** - Ham, Canadian bacon, sausage, pepperoni, grilled chicken, fried chicken **1.99 each**

### Sides

**Fruit** - ala carte **4.99**

**Oatmeal** - ala carte **4.99**

**Hashbrowns/Home Fries** - ala carte **3.99** onions/peppers **1.00**

**CONSUMER ADVISORY** - Consuming undercooked meat, poultry, eggs, or seafood may increase your risk of foodborne illness, especially if you have certain medical conditions. Please inform your server of any special dietary needs.

**Blue Heron Hours - 11:00am to 8:00pm**

### Ala Carte

Side of toast - white, wheat, or rye	<b>2.99</b>
English muffin, Croissant, or Biscuit	<b>2.99</b>
Side of Bacon, Sausage, or Canadian bacon	<b>3.99</b>
Corned beef hash	<b>6.99</b>

### APPETIZERS

<b>Basket of Fries</b> - choice of two sauces	<b>4.99</b>
<b>Quesadilla</b> - 12" flour tortilla filled with sautéed onions, peppers and shredded cheese	<b>10.99</b>
Add chicken - <b>3.00</b>	Add shrimp - <b>4.00</b>
<b>Spicy Quesadilla</b> - 12" flour tortilla filled with onions, peppers, jalapeños, tomatoes, and buffalo chicken	<b>13.99</b>
<b>Substitute Fried Shrimp</b> - <b>1.00</b>	
<b>Pretzel</b> - Served with nacho cheese dip	<b>9.99</b>
<b>Pierogi</b> - Served with a choice of sauerkraut and horsey sauce or sautéed onions and sour cream	<b>9.99</b>
<b>Potato Skins</b> - Loaded with shredded cheese and bacon, topped with green onions	<b>9.99</b>
<b>Fried Okra</b> - Served with ranch	<b>8.99</b>
<b>Onion Rings</b> - Beer battered, served with a choice of dipping sauces	<b>8.99</b>
<b>Fried Pickles</b> - Served with Sriracha Ranch	<b>9.99</b>
<b>Potstickers</b> - Pork potstickers, sweet Thai chili sauce	<b>10.99</b>
<b>Chicken Wings</b> <b>6 for 10.99</b>	<b>10 for 15.99</b>
Sauce options: BBQ, mild/hot Buffalo, garlic Parmesan	
<b>Popcorn Shrimp</b> - tossed in Kaboom sauce	<b>10.99</b>

### SALAD & SOUP

<b>Add Turkey or Ham</b> - <b>2.00</b>	<b>Fried or Grilled Chicken</b> - <b>3.00</b>
<b>Fried Shrimp</b> - <b>4.00</b>	<b>Salmon</b> - <b>9.99</b>
<b>House Salad</b> - Spring mix, cucumbers, diced tomatoes, sliced red onions, shredded cheese	<b>9.99</b>
<b>Mandarin Orange Salad</b> - Spring mix, mandarin oranges, crushed almonds, chow mein noodles	<b>11.99</b>

<b>Caesar Salad</b> - Romaine lettuce, Parmesan cheese, homemade croutons, side of Caesar dressing	<b>9.99</b>
<b>Caprese Salad</b> - Spring mix, mozzarella, sliced tomatoes, sliced onions, capers, balsamic glaze	<b>10.99</b>
<b>Gazpacho</b> - Chilled Spanish blended soup, served with croutons or crackers	<b>8.99</b>

Ask your server about our Gazpacho special of the day!

## BURGERS & SANDWICHES

<b>Cheese options</b> - American, Swiss, Provolone, Pepper Jack	
<b>Vegetarian Burger</b> - 3.99	<b>Gluten Free Bun Option</b> - 2.99
<b>Blue Heron Burger</b> - Angus beef with lettuce, tomato, onion, pickle, served with fries	<b>12.99</b> Add cheese <b>1.00</b>
<b>MOAB Burger</b> - Mother Of All Burgers. Angus beef with American cheese, onion rings, bacon and BBQ sauce, served with fries	<b>15.99</b>
<b>Chicken Sandwich</b> - Grilled or fried chicken breast with lettuce and tomato, served with fries	<b>12.99</b>
<b>Chicken Parm Sub</b> - Fried chicken, marinara and cheese, served with fries	<b>Half 10.99</b> <b>Full 14.99</b>
<b>Cheesesteak</b> - Steak or chicken, sautéed peppers, onions and mushrooms, topped with provolone cheese, served with fries	<b>Half 10.99</b> <b>Full 14.99</b>
<b>Heron Club</b> - Sliced turkey or ham, bacon, lettuce, tomato and mayo on your choice of bread, served with fries	<b>14.99</b>
<b>On The Green Burger</b> - Angus beef with provolone cheese, spinach, avocado and house aioli, served with fries	<b>15.99</b>
<b>J&amp;B's Patty Melt</b> - Angus beef smothered with caramelized onions, on marbled rye bread with Swiss cheese, served with fries	<b>13.99</b>
<b>Meatloaf Sandwich</b> - House meatloaf with gravy, lettuce and tomato, served with fries	<b>Half 8.99</b> <b>Full 13.99</b>
<b>Eggplant Parm Sub</b> - Fried eggplant, marinara and cheese, served with fries	<b>Half 10.99</b> <b>Full 15.99</b>
<b>Meatball Sub</b> - Meatballs, marinara, provolone cheese on a toasted sub, served with fries	<b>Half 10.99</b> <b>Full 14.99</b>
<b>The Reuben</b> - Thinly sliced corned beef, sauerkraut, Swiss cheese, Thousand Island dressing on marbled rye, served with fries	<b>14.99</b>

## ENTREES & PASTA

*Potatoes and vegetable of the day are subject to change.*

*Ask your server what we have today.*

<b>Chicken Tenders</b> - Served with fries and choice of dipping sauce	
	<b>11.99</b>
<b>Fish and Chips</b> - Beer battered white fish, served with fries and coleslaw	<b>14.99</b>

<b>Spaghetti and Meatballs</b> - Meatballs over spaghetti with marinara sauce, garlic bread	<b>Half 9.99</b>	<b>Full 14.99</b>
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<b>Dinner Salmon</b> - Choice of grilled or baked, regular or blackened, salmon, served with vegetable of the day	<b>21.99</b>
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<b>Chicken Alfredo</b> - Grilled chicken over fettuccine alfredo, served with garlic bread	<b>Half 10.99</b>	<b>Full 15.99</b>
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<b>Albatross Pasta</b> - Creamy marinara, penne, basil, Parmesan, and garlic bread - chicken or meatballs	<b>Half 10.99</b>	<b>Full 15.99</b>
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## SIDES

Replacement options require an up charge.

Ask your server for more information.

French Fries	Sweet Potato Fries	Onion Rings
Side Salad	Side of Fruit	Coleslaw

## FLATBREADS

Pepperoni	<b>13.99</b>	Classico	<b>15.99</b>
The Controversy	<b>15.99</b>	Margherita	<b>15.99</b>
Buffalo Chicken	<b>15.99</b>	BBQ Chicken	<b>16.99</b>
Veggie	<b>16.99</b>	Chicken Alfredo	<b>16.99</b>
The Garbage Pail	<b>18.99</b>		

**Build Your Own** - starts at **12.99**, with marinara and cheese

Cheese - Pizza or cheddar-jack **Alfredo Sauce** **1.00**

**Toppings** **1.00** each

Jalapeno, green pepper, red onion, cilantro, basil, diced or sliced tomatoes, mushrooms, black olives, roasted garlic, pineapple

**Meats** **2.00** each

Pepperoni, sausage, bacon, meatballs, grilled or fried chicken, ham

## DESSERTS

Three Layer Chocolate Cake	<b>10.99</b>
Florida Orange Cake	<b>10.99</b>
Key Lime Pie	<b>8.99</b>

*Ask your server about our Dessert of the day!*

**SUNDAY & MONDAY! - 99¢ CHICKEN WINGS!**

**THURSDAY - \$3.50 TACOS**

## Music at The Blue Heron

Friday, January 23	Sammy
Friday, January 30	Tiki Duo Band
Friday, February 6	Sammy
Friday, February 13	Sammy
Friday, February 20	Tiki Duo
Friday, February 27	Mike Johnson



**Contact us for takeout and reservations... 321-385-9100**

137 Plantation Drive • Titusville, FL 32780

[www.blueheronrestaurant.org](http://www.blueheronrestaurant.org)